



## PRINCIPAL'S MESSAGE

Dear Parents,

Welcome back to Term 4. It was a joy being on taxi duty on Tuesday morning to welcome everyone back. Curiosity was running high as our young people explored their new spaces. Taking the next step in the building program was exciting for all. The change involved staff moving from their old office areas into the new staff study. It is great to see everyone settled for the start of a busy term 4. The next phase of the building is:

Access to the playground/field in about 3 weeks.

Once access the rear playground/field occurs, the courtyard will be closed and renovated.

The demolition of the 1960s addition at the front of the heritage building will begin in a couple of weeks.

We expect to have access to the upstairs classrooms towards the end of the term but we may not occupy them properly until next year, given there may only be a week or two left in the term.

Unfortunately, our Hall won't be finished until mid-December and that is why we will hold our Presentation Day event at Abbotsleigh – thank you to Abbotsleigh for gifting us the use of their Concert Hall

We will hopefully farewell our builders in late December and the realisation of a fully rejuvenated St Edmund's campus in 2024.

The Year 11 and 12 retreat was held in the final days of Term 3 at the Edmund Rice Retreat Centre in Mulgoa. I was fortunate to attend for a day, but it did result in a face full of cream – along with chants of pie-face and lots of laughter. The students were involved in many activities that explored their gifts and talents and their aspirations. There was a focus on collaboration, teamwork and reflection on leadership qualities – like taking a cream pie in the face. The feedback from our young people is that they had a great time, and they enjoyed the comradery and learning. The staff love this retreat and they put a lot of work into the activities – a heartfelt thank you to all the staff for their planning and generosity.

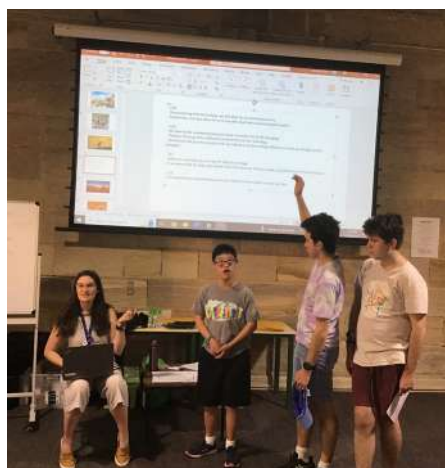
Thank you to all our families for a wonderful start to the term. I hope you had a good break and we look forward to seeing you at the many celebrations that term 4 is known for.

**Michael Farrell | Principal**





# YEARS 11 & 12 RETREAT





# ACTING DEPUTY PRINCIPAL'S MESSAGE

*Make me a channel of your peace.  
Where there is hatred let me bring your love.  
Where there is injury, your pardon, Lord  
And where there's doubt, true faith in you.  
Make me a channel of your peace  
Where there's despair in life, let me bring hope  
Where there is darkness, only light  
And where there's sadness, ever joy.  
Oh, Master grant that I may never seek  
So much to be consoled as to console  
To be understood as to understand  
To be loved as to love with all my soul.  
Make me a channel of your peace  
It is in pardoning that we are pardoned  
In giving to all men that we receive  
And in dying that we're born to eternal life.  
Oh, Master grant that I may never seek  
So much to be consoled as to console  
To be understood as to understand  
To be loved as to love with all my soul.  
Make me a channel of your peace  
It is in pardoning that we are pardoned  
In giving to all men that we receive  
And in dying that we're born to eternal life.*

- Make Me a Channel of Your Peace | Peace Prayer of St Francis

## Welcome to Term 4

It has been lovely to welcome back our students this week after the recent holiday period. We have enjoyed hearing our students' holiday recounts and we are delighted to have the new building open for everyone to enjoy. These additional classrooms, art room and light-filled spaces have been enthusiastically utilised by our students and staff throughout the week.



# ACTING DEPUTY PRINCIPAL'S MESSAGE

## Staff Farewell

This week we said farewell to our talented and artistic Teacher's Aide Sarah Inglis. Sarah has been a valuable staff member of St Edmund's for the past five years and we wish her all the best as she moves to Melbourne to be with family. Sarah has been a bright, bubbly and positive member of our college community who always put the students first. Along with her classroom duties she helped with major events such as Eddie's Big Night Out - including choreography, costumes, dance and behind-the-scenes work.

Today our staff enjoyed a farewell morning tea where Sarah was wished well and thanked for her time with us. Sarah noted what a special community we have - fantastic students and families, with staff who are always looking to jump in and help. Staff shared memories of how welcoming Sarah was, looking out for everyone around her. Jodie Gross described;

I am truly flattered to be asked to talk because I think everyone in this room could have stood up and said goodbye to Sarah with love and with thanks. I have taught with Sarah in PE and in Visual Arts and in both classes she was full of energy. I know we are all thankful to have spent time with her. I will share some fitting lyrics from her favourite song;

*Oh the flame trees will blind the weary driver*

*And there's nothing else could set fire to this town*

*There's no change, there's no pace everything within its place*

*Just makes it harder to believe that she won't be around*

Several of our students have shared their memories of Sarah below.

*Sarah is nice and kind. I will really miss her.* - Sonnet

*Sarah is a good artist. She is very good at drawing.* - Chloe

*Sarah is my favourite Teacher's Aide. She is a clever artist.* - Harry

*Sarah is very creative. She is very good at dancing and art. Sarah is very supportive and she's just nice to be around.* - Athena

*Sarah is a great artist and she is good at helping us in Visual Arts. She is awesome.* - Teena

Wishing you peace and blessings,

**Vanessa Dillon | Acting Deputy Principal**



# WELLBEING

## World Mental Health Day

World Mental Health Day was on 10 October. It is a day to talk about mental health and show everyone that mental health matters. It's also a day to let people know that it's okay to ask for help, no matter what you're going through.

The World Health Organisation has identified some key facts:

- Good mental health is an integral part of our overall health and wellbeing
- Mental health conditions are a significant threat to the wellbeing of young people
- Good quality community mental health services and supports are crucial for our futures
- Mental health is a universal human right, and recognising it as a human right, empowers people to stand up for their rights and the rights of those around them
- We must challenge the stigma and discrimination surrounding mental health
- Everyone has the right to access quality mental health care
- We all have the right to live independently and be included in the community

The Ku-ring-gai Youth Development Services (KYDS) have some excellent free webinars to support young people, and their parents and carers.

- [From No to Go](#) – Tuesday 17 October 1.00-2.00pm or Wednesday 18 October 6.30 – 7.30 pm
- [Living and Thriving with ADHD](#) - Tuesday 24 October 1pm - 2pm or Wednesday 25 October 6.30 - 7.30pm
- [The NSW Government](#) also provides a list of Mental Health Services and Contacts

## Carers Week

National Carers Week will be held from Sunday 15 October to Saturday 21 October. This special week is dedicated to honouring and fostering awareness for the 2.65 million remarkable Australians who selflessly provide care and support to their family members.

In recognition and deep gratitude, we extend our sincerest appreciation to the devoted carers within our St Edmund's community. Your unwavering commitment and compassion is inspiring, and have the power to transform lives for those in your care.

For more information about National Carers Week please visit [www.carersweek.com.au](http://www.carersweek.com.au). You can also find information about events in your local area [through this link](#).

**Judi North | Acting Head of Wellbeing**





# PDHPE & SPORT

## NSW All Schools Athletics Championships

Congratulations to the three St Edmund's students who competed in the NSW All Schools Athletics Championships at Sydney Olympic Park Athletics Centre in the holidays. Ben F, Teena and Dom performed extremely well in their events, with Teena coming away with a State Bronze Medal. The results are outlined below:



### Ben F

Boys 15-16 Years AMB Para

- 200m - 6th
- Long Jump - 6th
- Shot Put - 6th

### Dom H

Boys 17-19 Years AMB Para

- 200m - 7th

### Teena P

Girls 17-19 Years AMB Para

- Shot Put - 3rd Bronze Medal



## St Edmund's College Swimming Carnival

On Tuesday 17 October, St Edmund's will be having their Annual Swimming Carnival at Pymble Ladies College, Avon Road Pymble. Parents are welcome to attend this event, however, no parking will be available onsite.

The first race will commence at 10am and all events will conclude by 1.30 pm.

If you would like to pick up your child from the carnival you will need to be there by 1.20 pm, as roll call and departure will occur at 1.45 pm.

Please contact the school office before 13 October, to let them know if you will be taking your child home directly from the carnival [secretary@stedmunds.nsw.edu.au](mailto:secretary@stedmunds.nsw.edu.au) or 9487 1044. You will also need to let your child's homeroom teacher know.

If your child travels by Transport, please remember to let your driver know of the change.

Students can wear their house colours or school sports uniform and are to bring their morning tea, lunch, hat, swimming costume, towel, goggles and drink bottle. Students should wear their swimming costume to school under their clothes for ease of management at the pool.

**Lois Horne | PDHPE and Sports Coordinator**

## KEY DATES

### TERM 4

**Tuesday 17 October**

Swimming Carnival  
The Dish

**Thursday 2 November**

Men's Group

**Friday 10 November**

Eddie's Got Talent

**Tuesday 14 November**

Mufti Day

**Saturday 18 November**

Charity Challenge  
Gala Ball

**Tuesday 21 November**

Parent Group Meeting

**Friday 24 November**

Abbotsleigh Concert

**Tuesday 28 November**

Year 12 Formal

**Tuesday 5 December**

Presentation Day

**Friday 8 December**

Last Day of Term  
Year 12 Farewell Mass

## AWARDS

**Student of the Week**

|     |                  |
|-----|------------------|
| 7G  | Anyu             |
| 7M  | Ted              |
| 8S  | Ava and Zara     |
| 8V  | Daniyal          |
| 9C  | Mia and Brendan  |
| 9F  | Finley and Lia   |
| 10M | Ella             |
| 10N | Lauren           |
| 11J | James and Elliot |
| 11S | Summer and Luke  |
| 12G | Daena            |
| 12O | Sam and Mark     |

**Eddie's Best**

|           |
|-----------|
| Matilda   |
| Holly     |
| Sophia    |
| Rachel    |
| Alexander |
| Bridie    |
| Amie      |
| Arpita    |
| Krish     |
| Sean      |
| Nathan    |
| Dom       |

*congratulations*

## FROM THE PARENT GROUP

Welcome back to Term 4! I hope everyone had an enjoyable holiday break.

There are a lot of events planned for this term. Some of them are below:

### 17/10 - The Dish

St Edmund's once a term participates in the Dish. The dish provides meals for the homeless community in Hornsby at St Peter's Anglican Church Hornsby.

Our parent community assists by preparing a "dish". This may be a main meal or dessert.

Meals are to be delivered to school with your child at drop off on Tuesday 17 October or via their transport. The dish feeds 50 people a night and should be easy/soft to eat and not contain any alcohol. Some suggestions are casseroles, meatballs, pasta, slice or cupcakes. Green vegetables are greatly appreciated. [The attached food record](#) must accompany the meal that is delivered to the College. Email Bernie at [secretary@stedmunds.nsw.edu.au](mailto:secretary@stedmunds.nsw.edu.au) if you are interested. Thank you to the families who assist with this initiative.

*The Dish* of St John's



### 24/10 - World Teacher's Day

On Tuesday 24 October we are celebrating our wonderful teachers, learning support staff and all staff at Eddie's. Everyone does a wonderful job supporting and teaching our children. Our World Teachers Day morning tea is our opportunity to thank them for all that they do. Your class representatives will receive an email in the next few days to let you know how you can contribute to this event. Please look out for an email early next week.



### 2/11 - Men's Group

At St Edmund's we are fortunate enough to have the opportunity for men, dads and carers, to gather together to discuss topics, to listen and learn from each other. This group gathers once a term, this term on 2 November from 6.30pm-8pm at St Lucy's. More details to come.

### 10/11 - Eddie's Got Talent

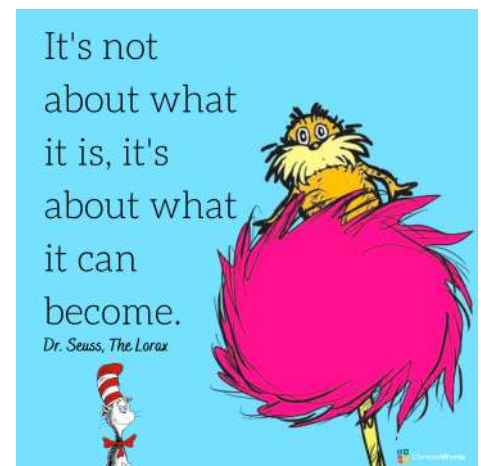
This event is an exciting one for the students. Our annual Eddie's Got Talent sees the students rehearsing and dressing up for a talent show to be performed in front of the school. Look for more information in coming weeks.

### 21/11 - Parent Group Meeting

This will be our last parent meeting for the year. We thought this night would be a good night to take a tour of our new buildings and also have a mingle amongst ourselves as we start to move into the wind down of the year.

Continue to look for more emails and information in the newsletter and on Class Dojo. Term 4 is a busy term and seems to scoot by so quickly. Enjoy the term ahead and I look forward to seeing you at some of these events.

**Janine Eastham | Parent Group Leader, Tom's Mum (Year 12)**





# CHARITY CHALLENGE GOLF DAY

## Charity Challenge Golf Day

On Thursday 14 September we held our annual Charity Challenge Golf Day at Terrey Hills Golf and Country Club.

It was an event that brought a wonderful sense of community spirit, with a lot of laughs and stories shared along the course.

We are very grateful for the way in which the profile of our wonderful school is raised by our long-term supporters, Gary Dawson and Matt Laverty. Thank you to our College Captains, Athena and Mikayla for their presence on the day, and the wonderful example they provide on behalf of our students.

Many thanks to those parents, carers and community members who attended on the day and helped support the event and our College. Thank you to Susan and Louise W for their behind-the-scenes work to ensure a successful event was had by all!

If you missed out on the Golf Day, tickets are available for the Charity Challenge Gala Ball, held in November. This event supports St Edmund's and several other charities.





# CHARITY CHALLENGE

## GALA DINNER

Supports  
a range of  
charities  
including  
St Edmund's  
College

Celebrate our 20th anniversary  
and support Australia's  
cherished charities at this  
remarkable Gala Dinner.

**Date:** Saturday 18 November 2023  
**Venue:** Hyatt Regency Sydney  
**Time:** 6.30pm for 7.00pm start  
**Dress theme:** Tropical theme  
**Cost:** \$320 per person or \$3200 per table of 10  
(cost includes GST, 3 course meal and all beverages)

**Accommodation:**

To make accommodation bookings follow link

<https://www.hyatt.com/en-US/group-booking/SYDRS/G-768V>



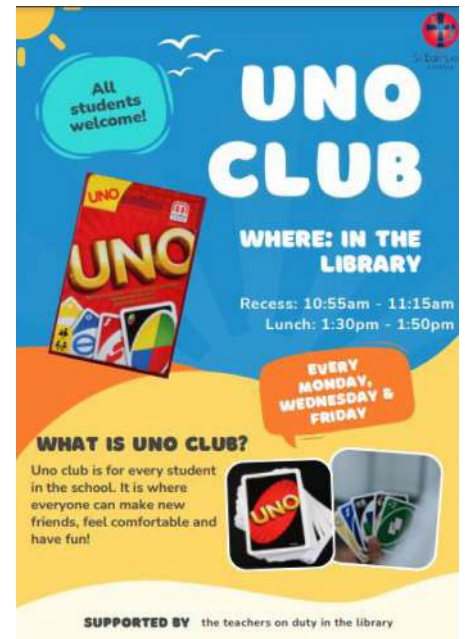
## UNO CLUB

"I started UNO Club in Term 1 this year as one of my leadership goals. UNO is a fun game to play in the library. We keep scoresheets and you get points if you come and maybe even receive a certificate. We have great card holders for all players that our teacher Mr Elcoate created in his free time."

- Hugh, Year 11

The card game UNO helps build social and interpersonal skills such as being a good winner or loser, taking turns and following rules. It helps with motor skills, colour matching, counting and more. It is also a lot of fun!

We recommend all our Eddie's students try out our UNO Club or enjoy the game at home with family or friends.



## WIGGLES CLUB



We launched an exciting new club today at Eddie's - The Wiggles Club.

Students will enjoy Wiggles singing, dancing, colouring in, puzzles and more when they visit the lunch time club.

All students are welcome to attend and enjoy a wiggly time!





## CLUBS & MORE



## COMMUNITY

*Please note any external events or organisations listed in the Community section are not necessarily endorsed by the College, but are included as they may be of interest to our families.*

### Discobility Halloween

Willoughby City Council are excited to be hosting another Discobility (all abilities friendly under 18s disco) in October with the support of Cares Gateway! This event provides the opportunity to make new friends and dance the night away in Halloween costume.

**Date:** 27 October

**Time:** 6pm-9pm

**Venue:** Dougherty Community Centre, 7 Victor Street, Chatswood

### What's on offer:

- Interactive band music performance
- Pizza!
- Snacks bar
- Silent disco (headsets with more chill music)
- Glowing furniture
- And some Halloween surprises!



[Discobility - All Abilities Disco Tickets, Fri 27/10/2023 at 6:00 pm | Eventbrite](#)